

Transformational Coaching

Dear Readers of Nuradeen:

Hajj Mustafa Ali and the Nuradeen staff have graciously allowed me to share my passion in life with you – helping others transform their lives.

I would like to extend an offer of free coaching to you. Accepting this offer could be a very valuable step in your spiritual and existential success. Coaching is an extremely powerful dynamic for aligning the inner and the outer, especially in the context of Islamic spiritual psychology.

If you really desire to experience fresh perspectives on personal challenges and opportunities, enhanced thinking and decision making skills, enhanced interpersonal effectiveness, and increased confidence in carrying out your chosen work and life roles then please call on me. I welcome and look forward to your call.

So...

Are you ready to transform your personal or professional life?

Do any of these apply to you?

- You lack focus, direction, or purpose.
- You sometimes struggle with ineffective thinking and actions.
- You feel uninspired, unmotivated or spiritually unfulfilled.
- You tend to procrastinate over things you want to do or know you should.
- You feel overwhelmed or unbalanced.
- You settle for less than your potential.
- You react too emotionally.
- You are beset by doubt, fear or anxiety.

Imagine what would happen in your life and career if you were to...

- Create a clear direction in your personal or business/professional life.
- Replace the thinking and behavior patterns that limit your success.
- Create a healthy, balanced and joyous life.

- Be more focused, organized, and action oriented.
- Create strategies, plans and structures to achieve your goals.
- Improve your self confidence and self esteem.
- Communicate effectively and compassionately for better relationships.
- Empower your life through present moment living.
- Fully enjoy Allah's gift of your life journey!

Please Contact Me for a Free Coaching Session so

you can experience how coaching can move you powerfully forward in any area of your life you choose to work on.

Hajj Ahmad Mikell – Peak Dynamics

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(Coaching sessions are by phone, and I have digital phone service so there is no cost to you.)